

## Original Article

# Optimization of diagnosis in patients with diabetes mellitus and other comorbid pathology in emergency abdominal surgery

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### Abstract

Our study assessed the possibility of using ODVP determination in PC patients for diagnostic purposes. The study was carried out on 18 healthy donors and 107 patients (51 with CP). Venous blood was collected through a puncture of the ulnar vein and ODVP was measured on an Agilent Cary 100/300 Series UV-Vis spectrophotometer. Donors at the wavelength  $\lambda=310$  nm found the maximum values of ODVP, which reaches 1.9 units. There were no gender differences. ODVP increased and was different, especially with respect to the type of disease. ODVP in patients with AH, AAC, ACC, AEP and CP was higher than in patients without CP. ODVP in patients with AA, SH, AIO and CP were lower than in patients without CP, but it was not significantly lower. ODVP in patients with ANP and CP was lower than in patients without CP, but was still higher ( $p<0.05$ ) than in donors. In the plasma of healthy donors at a wavelength  $\lambda=310$  nm, there is a maximum value of ODVP, which reaches 1.9 units, while in patients with acute surgical diseases of the abdominal cavity at this wavelength, ODVP is statistically significantly higher than in donors. ODVP in the presence of CP is also statistically significantly greater than in donors. ODVP in the presence of DM is slightly smaller than in other CP but larger than in donors. Preliminary results indicate that the determination of ODVP at wavelength  $\lambda=310$  can be used for diagnosis in emergency abdominal surgery.

**Keywords:** comorbid pathology, diabetes mellitus, optical density, venous blood plasma, emergency abdominal surgery.

**Abbreviations:** AA – acute appendicitis; AAC – abdominal abscess; ACC – acute calculous cholecystitis; AEP – acute edematous pancreatitis; AIO – acute intestinal obstruction; ANP – acute necrotic pancreatitis; CP – comorbid pathology; DM – diabetes mellitus; LA – liver abscess; ODVP – optical density of the venous plasma; SH – strangulated hernias.

### Introduction

One of the problems of emergency abdominal surgery is the diagnosis of acute surgical diseases of the abdominal cavity in patients with comorbid pathology [1–7]. First of all, this applies to patients with diabetes mellitus (DM), which has long been considered a significant risk factor [8–14]. The clinical symptoms of

these patients change, making diagnosis difficult. The main laboratory tests are leukocytes and C-reactive protein [1–7], but in patients with comorbid pathologies, particularly with DM, these indicators are unreliable, which is a consequence of comorbidities. [10–14]. In cases of complex diagnosis, additional methods are used, such as CT and laparoscopy. [15–19]. However, such methods cannot always be used immediately, and



laparoscopy is an invasive method. Therefore, searching for new diagnostic methods for comorbid pathology is an urgent issue. For this purpose, we evaluated the possibility of using the determination of optical density (OD) of venous blood plasma for diagnosing acute surgical diseases of the abdominal cavity in DM and other types of comorbid pathology.

## Material and methods

### Study design

The study comprised 18 healthy donors, including 10 men and 8 women and 107 patients. Among them, there were 7 patients with liver abscess, 11 patients with abdominal abscess, 16 patients with acute appendicitis, 18 patients with acute calculous cholecystitis, 11 patients with acute necrotic pancreatitis, 16 patients with acute oedematous pancreatitis, 15 patients with strangulated hernias and 13 patients with acute bowel obstruction. A number of 51 patients had concomitant diseases: 20 patients with DM, 14 patients with coronary heart disease, 8 patients with hypertension, 5 patients with chronic hepatitis, 2 patients with chronic pyelonephritis, 4 patients with acute pneumonia, 2 patients with liver cirrhosis, 3 patients with chronic bronchitis, and 5 patients with varicose veins. Among all patients, 12 were suffering from 2 concomitant diseases.

All patients with liver abscesses, abdominal abscesses, acute appendicitis, acute calculous cholecystitis, acute necrotic pancreatitis, strangulated hernias and acute intestinal obstruction have undergone surgery.

### Laboratory, anthropometric and clinical data collection

Patients underwent all recommended anthropometric, clinical, laboratory and instrumental examina-

tions. In addition, patients took venous blood by puncture of the ulnar vein to study OD on admission to the hospital.

The venous blood plasma was measured with a Cary Agilent 100/300 series UV-Vis spectrophotometer.

### Statistical analysis

The statistical calculations of the research results have been conducted with the help of Microsoft® Office Excel spreadsheets (build 11.5612.5703). The Shapiro – Wilk criterion has checked the law of sample distribution for normality. The student criterion has been used to test the hypothesis of average equality. To check normally distributed samples, the Fisher criterion has been used. The Wilcoxon and Wilcoxon–Mann–Whitney criterion have been applied for samples whose distribution was different from normal.

## Results

Healthy donors at a wavelength  $\lambda=310$  nm (Figure 1) revealed a maximum blood plasma OD value, reaching 1.9 units. There were no gender differences.

In the examined patients, the indicators of venous blood plasma at a wavelength  $\lambda=310$  nm differed depending on the type of surgical disease (Table 1).

## Discussion

The obtained data indicated that the OD of venous blood plasma at a wavelength  $\lambda=310$  nm in patients with acute surgical diseases of the abdominal cavity without comorbid pathology is statistically significantly higher than in healthy donors. This is a confirmation of our previous information about the possibilities of determining venous blood plasma OD for diagnosis

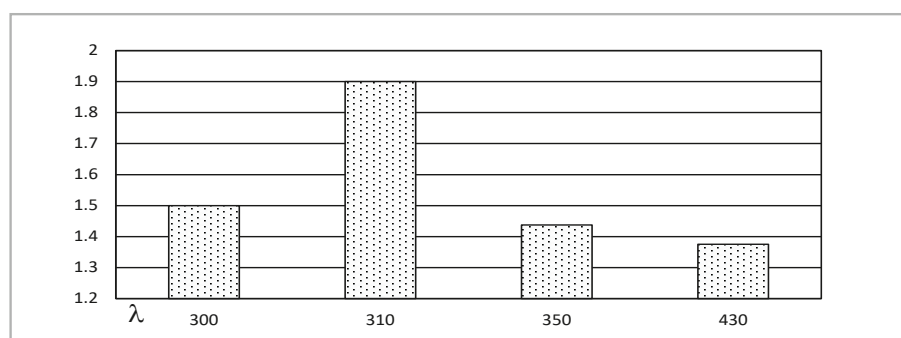


Figure 1: Indicators of optical density of donor blood plasma.

Table 1: Indicators of venous blood plasma at the wavelength=310 nm in the examined patients.

Diagnosis	Without comorbid pathology	With comorbid pathology
Liver abscess	2.26±0.37 (n=4)	2.53±1.01 (n=3)
Abdominal abscess	3.11±1.15 (n=5)	4.5±1.65 (n=3) 4.12±1.95* (n=3)
Acute appendicitis	3.11±1.01 (n=9)	2.42±0.49 (n=3) 2.31±0.34* (n=4)
Acute calculous cholecystitis	2.59±1.62 (n=11)	2.66±1.08 (n=4) 2.59±1.62* (n=3)
Acute necrotic pancreatitis	3.25±1.97 (n=7)	2.14±0.08 (n=4)
Acute edematous pancreatitis	2.13±0.47 (n=8)	3.22±0.44 (n=5) 3.05±0.24* (n=3)
Strangulated hernias	4.14±1.52 (n=7)	3.42±1.33 (n=4) 3.23±0.25* (n=4)
Acute intestinal obstruction	4.16±1.33 (n=5)	3.38±1.32 (n=5) 3.24±1.41* (n=3)

in emergency abdominal surgery [20]. This indicates that such indicators may be a diagnostic criterion for the presence of acute surgical diseases in the abdominal cavity.

The OD of venous blood plasma in patients with liver abscesses, abdominal abscesses, acute calculous cholecystitis, acute edematous pancreatitis and comorbid pathology was even slightly higher than in patients without comorbid pathology. Exhaust rates in patients with acute appendicitis, strangulated hernias, acute intestinal obstruction and comorbid pathology were slightly lower than in patients without comorbid pathology but did not differ statistically significantly. OD in patients with acute necrotic pancreatitis and comorbid pathology was statistically significantly lower ( $p<0.01$ ) than in patients without comorbid pathology, but was still statistically significantly higher ( $p<0.05$ ) than in donors. This indicates that the presence of comorbid pathology in patients with acute surgical diseases of the abdominal cavity does not significantly affect the OD of venous blood plasma. Therefore, the use of such an indicator can be useful for the diagnosis of such diseases.

OD in patients with DM was slightly lower than in patients with other comorbid pathology. However, these indicators were statistically significantly higher than the OD of donors. This indicates the possibility of using such an indicator in diagnosing acute surgical pathology in DM.

It is possible that determining the optical density at a wavelength  $\lambda=310$  nm can be used to distinguish between different diseases, which is sometimes a difficult

problem in emergency abdominal surgery [21–27]. Nevertheless, more research is needed to understand this. Also, note the simplicity and accessibility of the method, as the measurement takes a few minutes.

It should be pointed out that the small number of observations and differences in comorbid pathology does not allow us to draw definitive conclusions about the diagnostic value of the OD of venous blood plasma in emergency abdominal surgery. However, preliminary results indicate the viability of this examination method and the need for further research.

## Conclusions

In the plasma of healthy donors at a wavelength  $\lambda=310$  nm, there is a maximal value of the optical density of the blood plasma, which reaches 1.9 units. Indicators of optical density of venous blood plasma in patients with acute surgical diseases of the abdominal cavity at a wavelength  $\lambda=310$  nm are statistically significantly higher than in donors. The optical density of venous blood plasma at a wavelength  $\lambda=310$  nm in patients with comorbid pathology is also statistically significantly higher than in donors. The optical density of venous blood plasma in patients with diabetes is slightly lower than in other comorbid pathologies but higher than in donors. The preliminary results indicate that the determination of the optical density nm optical density of venous blood plasma at a wavelength  $\lambda=310$  can be used for diagnosis in emergency abdominal surgery.

## Compliance with ethics requirements

The authors declare that all the procedures and experiments of this study respect the ethical standards in the Helsinki Declaration of 1975, as revised in 2008(5), as well as the national law. Informed consent was obtained from all the patients included in the study.

## Conflict of interest

The authors declare no conflict of interest.

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